



Occupational Medicine
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It is the policy of Oregon State University to protect employee hearing and effectively manage or eliminate hazardous noise exposures. OSU's Environmental Health and Safety Department has identified you as an employee that is exposed to loud noise in your workplace, and therefore must take part in the Hearing Conservation Program through Occupational Medicine.

The first hearing test is used as a reference audiogram, called a baseline. These results allow the clinician to detect if you have normal hearing or hearing problems related to noise exposure, illness, inner ear damage, wax buildup, etc. The baseline test can also detect early signs of noise induced, irreversible hearing problems caused by loud noise exposure.

Follow-up hearing tests are conducted annually. The clinician compares current results to your baseline, looking for any changes in your hearing levels at different frequencies. By wearing hearing protection both on and off the job, you can proactively take steps towards protecting your hearing, whenever exposed to loud noise.

1. If this is your baseline test:
 - a. Avoid noise for **14 hours** prior to testing.
 - b. Note: This means on and off the job.
2. Annual audiograms can be done at any time during the work shift.
3. Testing is performed at Student Health Services, 201 Plageman Building, Room 103.
4. Check in at the main reception desk and identify yourself as an employee.
5. Appointments are approximately 20 minutes. Please arrive a little early.

For any questions in regard to your hearing test, please contact:

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